



Name: Dr. Sanskruti V. Pathak

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Date of Birth: 14th October, 1997

Gender: Female

Objective:

Looking for an organization that provides ample chances to contribute and diversify my knowledge, ability and skills, challenges me intellectually and offers me a good potential for future growth.

Education:

- **PH.D. IN PSYCHOLOGY | FEBRUARY- 2021 TO APRIL- 2026 | THE CVM UNIVERSITY**
 - Major: Psychology
 - Minor: Educational Psychology, Developmental Psychology and Social Psychology
 - Topic: Effect of Parenting Style on Academic Achievement and Emotional Intelligence
- **M.A. IN PSYCHOLOGY | JUNE- 2018 TO JUNE- 2020 | CGPA: 6.10 | PANDEET DEENDAYAL ENERGY UNIVERSITY**
 - Major: Psychology
- **B.A. (ADVANCED) IN APPLIED PSYCHOLOGY | JUNE- 2015 TO MARCH- 2018 | CGPA: 6.91 | INSTITUTE OF LANGUAGE STUDIES AND APPLIED SOCIAL SCIENCES (ILSASS)**
 - Major: Applied Psychology
 - Minor: Journalism and Mass Communication

Experience:

- **ASSISTANT PROFESSOR OF PSYCHOLOGY | DEPARTMENT OF HUMANITIES, UKA TARSADIA UNIVERSITY | JULY, 2026 TO TILL DATE**
 - Instructed across postgraduate (Clinical/General) and undergraduate Psychology curricula, designing and executing interactive daily learning activities that enhanced concept retention and student engagement.
- **ASSISTANT PROFESSOR | PARUL UNIVERSITY, FACULTY OF LIBERAL ARTS, DEPARTMENT OF PSYCHOLOGY | NOVEMBER, 2023 TO MARCH, 2026**
 - I have extensive experience teaching across Master of Arts (Clinical/Counselling) and Bachelor of Arts programs, complemented by significant institutional leadership. My responsibilities included serving as a Counsellor at the Student Services Centre (SSC), coordinating infrastructure, timetabling, and guest faculty engagement, while also managing institutional documentation as a Minutes of Meeting (MoM) coordinator. Furthermore, I held senior supervisory roles in examination management and served as a coordinator for the International Student Admission Cell (ISAC) under the Centre for International Relations & Research (CIRR).
- **ASSISTANT PROFESSOR | INSTITUTE OF LANGUAGE STUDIES AND APPLIED SOCIAL SCIENCES (ILSASS) | FEBRUARY, 2021 TO OCTOBER, 2023**
 - An accomplished educator and administrator, I have taught extensively across undergraduate and postgraduate Psychology programs while driving institutional growth. My administrative experience includes leading academic operations for five undergraduate programs, curriculum design for NEP 2020-compliant courses, and managing key departments including the Psychology Lab and internal examination processes. Beyond the classroom, I have served in diverse leadership capacities—ranging from NCC Care Taker Officer and Event Management Coordinator to spearheading university-level youth festivals and outreach initiatives.
- **HOSTED 8TH NATIONAL MATHS CONVENTION, RAJKOT**

I consent to the processing of my personal data for the purpose of recruitment for the position I am applying.

- REPRESENTED MY SCHOOL WITH A SPEECH IN FRONT OF THE FORMER CM SHRI NARENDRABHAI MODI AT RAJKOT
- PERFORMED IN TWO TELEVISION PROGRAMS FOR DOORDARSHAN:
 - SAPNU EK SAVAYU - CHINGARI
- PERFORMED IN A KIDS SHOW TWICE- 'KALRAV' FOR DOORDARSHAN
- EFFECTIVELY ASSISTED IN TESTING PSYCHOLOGICAL SUITABILITY OF SERVICE SELECTION BOARD (SSB) ASPIRANTS BY CONDUCTING ANALYTICAL RESEARCH.

Skills & Abilities:

- EVENT MANAGEMENT | COMMUNICATION | LEADERSHIP | TEAM BUILDING | ANCHORING (MASTER OF CEREMONY)

Languages Known:

- ENGLISH | HINDI | GUJARATI

Hobbies:

- CLASSICAL DANCING (2 YEARS OF KATHAK) | SINGING (3 YEARS OF CLASSICAL SINGING) | ACTING

Qualities:

- HONESTY | INTEGRITY | PROMPTNESS

Internships:

- SCHOOL COUNSELLOR | SNEH NIRZAR (SCHOOL FOR THE MENTALLY RETARDED), RAJKOT
May, 2017 to June, 2017
- REHABILITATION COUNSELLOR | KANORIA HOSPITAL RESEARCH CENTRE, GANDHINAGAR
January, 2019 to February, 2019

Achievements:

Dissertations

- **Postgraduate:** *Effect of Value Conflicts on Lifestyle of High School Students.*
- **Undergraduate:** *A Study on Lifestyle of Arts and Science Undergraduate Students & A Study of Emotional Maturity Level of Gujarati and English Medium Secondary Students.*

Publications

- "Impact of Parental Approaches on Academic Performance," *International Journal of Cultural Studies and Social Sciences*, Vol. 22, No. 9 (2025). (UGC CARE Listed; IF: 7.138).
- "NEP 2020: Nurturing Emotional Intelligence & Academic Excellence," *Juni Khyat*, Vol. 14 (2024). (UGC CARE Listed).
- "A Study on Lifestyle of Arts and Science Undergraduate Students," *IJRAR*, Vol. 9 (2022). (International Peer-Reviewed).

Professional Development & Certifications

- I maintain an active commitment to professional growth and academic excellence, underscored by my participation in advanced faculty development programs, including the A+ grade UGC-sponsored Malaviya Mission Faculty Induction and multiple NEP 2020 orientations. My expertise is further validated by specialized certifications in inclusive education, such as the NCERT-led course on Deaf-blindness, and a consistent record of peer-review contributions for Humanities and Social Sciences journals. Beyond formal training, I am an active contributor to the global academic community, having served as a panelist for the international SDG Forum on Mental Health and Wellness. Furthermore, I have consistently refined my pedagogical approach by engaging in targeted webinars covering AI-integrated education, creative instructional strategies, indigenous knowledge systems, and practical techniques for psychological well-being.

References:

- **PROF. DR. DIGVIJAY PANDYA | DEAN | FACULTY OF LIBERAL ARTS, PARUL INSTITUTE OF LIBERAL ARTS, PARUL UNIVERSITY**
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